

**2011-2012 Catalog**

Name: \_\_\_\_\_ ID # \_\_\_\_\_ Date: \_\_\_\_\_

**Exercise and Sport Science Major      48 units**

Teacher Education Emphasis

**Core:    30 units**

|         |  |   | <b>Tr/CU</b> | <b>Grade</b> | <b>Transfer course approved</b> |
|---------|--|---|--------------|--------------|---------------------------------|
| Bio 246 | Human Anatomy & Physiology I           | 4 | _____        | _____        | _____                           |
| Bio 247 | Human Anatomy & Physiology II          | 4 | _____        | _____        | _____                           |
| ESS 110 | CPR/First Aid                          | 1 | _____        | _____        | _____                           |
| ESS 304 | Motor Learning and Development         | 3 | _____        | _____        | _____                           |
| ESS 320 | Historical/Social/Cultural Foundations | 3 | _____        | _____        | _____                           |
| ESS 350 | Sport Law                              | 3 | _____        | _____        | _____                           |
| ESS 365 | Sport Psychology                       | 3 | _____        | _____        | _____                           |
| ESS 406 | Physiology of Exercise                 | 3 | _____        | _____        | _____                           |
| ESS 407 | Kinesiology                            | 3 | _____        | _____        | _____                           |
| ESS 410 | Measurement/Evaluation of Exercise     | 3 | _____        | _____        | _____                           |

**Teacher Education: 18 units**

|         |                               |   |       |       |       |
|---------|-------------------------------|---|-------|-------|-------|
| ESS 303 | Health                        | 3 | _____ | _____ | _____ |
| ESS 340 | Elementary Physical Education | 3 | _____ | _____ | _____ |
| ESS 355 | Individual Activities         | 3 | _____ | _____ | _____ |
| ESS 357 | Team Activities               | 3 | _____ | _____ | _____ |
| ESS 370 | Adaptive Physical Education   | 3 | _____ | _____ | _____ |
| ESS 376 | Physical Education Management | 3 | _____ | _____ | _____ |

**Note: All transfer courses applicable to a major must be approved by the appropriate department. Substitution forms are available in the Academic Advising Office.**